



Sunflower Kids Wrestling

Novice Wrestling Clinic

Dear parents of new wrestlers:

Sunflower Kids Wrestling Club will be hosting a week long clinic to teach any youth the very basics of wrestling to introduce them to this great sport. The clinic will only be for kids from the ages of 5 thru the 6th grade with no previous wrestling experience.

There will be a sign-up for this at a parents meeting for the club to be held in the Lawrence High school cafeteria on **November 19th, at 7:00 pm.**

The dates of the clinic will be **Monday, December 7th, 8th, 9th, from 6:00 pm to 7:00 pm**, at Lawrence High School, West Gym wrestling room, 1901 Louisiana Street. Then we will be attending the Lawrence High School home dual meet on **Thursday, December 10th at 5:00 pm.** We will conclude the clinic with a small tournament on **Sunday, December 13th** for all the kids who attended the clinic.

There will be a \$25.00 fee for all kids attending the clinic, and all participants will take home a medal following Sunday's tournament.

Further details will be announced at the parents meeting on November 19th.

Thank you,
Sunflower Kids Wrestling